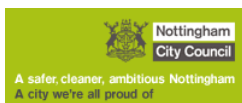


PAKISTAN CENTRE

Nottingham



ANNUAL REPORT 2005-2006



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Supported by



CONTENTS

Chairs Foreword	Page 2
Managers Report	Page 3
Aims and objectives	Page 4
Community Services	Page 5
Day Care Service	Page 6-7
Youth & Sports Development	Page 8-9
Project Proactive	Page 10-11
Women's Development Worker	Page 12
Staff and Executive Committee	Page 13
Financial Summary	Page 14



Pakistan Centre Annual Report

2005/6

Foreword By the Chairperson

Mr Irshad Ahmed

I am delighted to present this year's Annual Report on behalf of Pakistan Centre management Committee. I am sure you will find the following pages interesting reading, reflecting the Centers diverse range of achievements and activities.

It has been a busy and demanding year for Pakistan Centre and I am proud that throughout the year we have continued to perform to our expected high standard. We have, in fact, made significant progress in furthering the work for which our organization was established

As part of our proposals to relocate the centre and take the organization forward it was important for us to ensure we were regulated and governed effectively and therefore in 2005 the Trustees and committee decided that the organization should become a company Limited By Guarantee and a registered Charity. This process is well under way and should be completed later this year

On behalf of the Centre I would like to express our gratitude to all our stakeholders, Management Committee, funders, and staff for their support Commitment and hard work over the last year.

I would also like to personally thank Mr Shabbir Kataria, Who retires this year, for his invaluable contribution over the years to Pakistan Centre and wish him well in his retirement. .



Many challenges lie ahead. There is much work to be done by everyone if we are to successfully progress Pakistan Centre over the next decade.

It has been an honour to be Chair of this organisation and I look forward to offering my time and being involved in shaping our future with a sense of renewed purpose and unity.

Irshad Ahmed





Managers Report

Najeeb Nazir

The year has been busy, eventful and interesting, but more importantly a year in which the Pakistan Centre has made considerable progress in meeting its aims. We have taken on new challenges as well as developing the initiatives begun in previous years.

Amongst such new initiatives is the work of Project Proactive which aims to address high levels of educational underachievement and disaffection of our young people.

Pakistan Centre has also made its presence felt in the areas of health, education, care, youth work and employment as well as continuing its excellent work in providing information, advice and assistance with filling in forms.

None of this would have happened without the hard work of our excellent team of staff, volunteers and Committee members.



The challenge of the next couple of years will be to maintain the momentum by finding the increased resources we need to develop our services in response to the needs of the Community and focusing on acquiring premises which will better enable us to provide an effective and efficient service.

I am committed to working actively with the management Committee to focus on regeneration and social inclusion of the Pakistani Community. My particular focus over the past year has been and will continue to be on education, Youth issues, health, drugs, and crime & disorder.

I would like to thank all our partners and funders for their support and commitment over the last year and look forward to working with them next year and beyond.

The road ahead for Pakistan Centre rests upon the firm foundation of the excellent work done over the past quarter of a century.

Najeeb Nazir

Why not
Visit our new
Website



Aims and Objectives

Promote the advancement of Education, furtherance of Health and relief of Poverty, Distress and Sickness.

Promote Community Cohesion by building strong and positive links between people from different backgrounds on a city wide basis and promoting common vision and sense of belonging.

Promote any charitable purpose for the benefit of the Muslim Community, Nationals of Pakistan and Kashmir.

Offer safe and secure premises to the Community for Social, Educational and Employment activities.

Tackle social and economic problems concerning the community in particular the most disadvantaged group's e.g.: - Women, young people and the elderly.

Deliver appropriate and Quality Day Care Provisions for Muslim Elders.

To work actively towards promoting social inclusion for people from disadvantaged communities.

Offer members of the community an opportunity to be involved in positive action that helps to address community issues

Improve access to statutory and voluntary service's for the members of the Pakistani and Kashmiri community.

Work with other organisations taking a multi agency approach to achieving the broader aims of the community.

Support and empower service users and volunteers.

Provide high quality services that are complementary or additional to public services and identifying new needs and better ways of meeting existing needs.



Pakistan Centre Annual Report

2005/6

Community Services

Information Translation & Form filling

The Pakistan Centre is open Monday to Friday between, 9:30am and 4:30pm. We provide members of the Community with free information, signposting and guidance including benefits, welfare, immigration information, interpretation, translating and many other issues. We help people to complete forms and provide attestation were required.

Through our links with the Pakistan High Commission we help people with consular matters including applications for Pakistan Identity cards (NICOP) and attestation of passport applications/documents.

We have been awarded and operate within the framework of the Community Legal Services Quality mark.

This advice service is provided by our deputy manager Mr Shabbir Kataria Who will be retiring this year. Unfortunately the City Council, as part of its reorganisation, is proposing to delete the Deputy manager Post. This will seriously hinder our ability to provide the service to the regularity expected of us by the Community.

Currently we are awaiting a response from them about alternative arrangements but in the interim period we have had to consider reducing the service to only several sessions per week. We hope that a mutually suitable arrangement is forthcoming and we can continue to provide this invaluable service to our Community.

We would also like to acknowledge the hard work and commitment of Mr Shabbir Kataria who is officially retiring from his position as deputy Manager after many years of service. On behalf of the Centre we wish him all the best for the future.

Community
Legal Service



Forms
Information
Translation
Attestation



Facilities

The Pakistan Centre Premises are an asset for the Community and used for most of our activities and events The facilities are also hired for meetings, social and cultural functions this helps us to raise revenue for running costs and repairs to the building.

This year we carried out extensive redecoration of the Centre and some elements of maintenance.

Please Visit our
new Website



www.pakistancentre.org.uk



Pakistan Centre Day Care Services

The Pakistan Centre in partnership with the City Of Nottingham Social Services Department provides Day Care provision and a Luncheon Club for Muslim Elders at the Pakistan Centre. These provisions aim to promote independence, self worth and quality of life among the elder members of our community.

The Day Centre is open three days a week on Tuesday, Wednesday and Thursday, from 9.30am to 3.00pm. This provision can be accessed through normal Social Services referral system or by simply contacting the Care Services Manager at the Pakistan Centre.

The activities of the Day Centre include relaxation, reading, music, games, exercises, films, discussion groups, day trips and prayer facilities.

Refreshments are available throughout the day. Lunch is served at 12.20pm and Halal meals are prepared at the Centre. There is a nominal charge for the meal.



Aurangzeb Khan
Care Services Manager

Staffing

Pakistan Centre employs three members of staff in the kitchen who prepare the meals for the Day Centre, Luncheon Club, Community Restaurant and the Meals at Home service. There are five members of staff working at the Day Centre.

Halal Meals At Home

In addition to the above the Centre also provides Halal meals for Social Services, meals at home services. Any member of the Muslim Community who cannot prepare a hot meal due to illness, or disability can access this service. Self, relatives, neighbours or general practitioners can make a referral to Social Services duty point or direct to the Pakistan Centre. Hot Halal meals will be delivered to the service user's home at a nominal price.





Pakistan Centre Day Care Services

Events and Activities

The most popular event of the year is the Eid Party for Muslim elders over the age of 65. Over 100 elders attend this event. The programme includes Tilawat, Naat and Poetry, followed by a big feast. We also arrange trips out of Nottingham. This year we arranged a trip for the service users to visit Shakti Day Centre in Birmingham. Everyone enjoyed the day out.



Community Restaurant

The Centre also runs a Community Restaurant, which is open to the general public from Monday to Friday from 12pm till 1.30pm.

Hot freshly prepared meals are available to the public at a reasonable price, on average 40 people a day use this service, any surplus income from this facility is used to subsidise the elderly day care service.

Men's Luncheon Club

The Luncheon Club is open three days a week, Tuesday, Wednesday, and Thursday for the elders over the age of 60 years. This service operates on a drop in basis; it is a very popular provision where elders make their own way to the Centre to meet their own peer group.

Ladies Luncheon Clubs

Pakistan Centre has been successful in securing funding for three years for three luncheon clubs for Elderly Muslim Ladies. These clubs are being run in:

Forest Fields/Radford (Forest Fields Community Centre – on Fridays 10am till 2pm),
Sneinton/Bakersfield (BANCA – on Mondays 10am till 2pm) and in Lenton (Muslim Women's Organisation – on Fridays 11am till 3pm).

There are places for 20 ladies at each venue. If you or someone you know would be interested in attending please get in touch with the Pakistan Centre.





Youth and Sports Development

Pakistan Centre
Youth Club

Javed Choudhary
Youth Worker
BME Youth Unit

The following summary report has been produced to highlight the events and activities, which Pakistan Centre Youth Club has been involved in. The emphasis was given to follow the youth service curriculum under the 4 cornerstones with guidance from the Pakistan Centre Management Committee and Youth Council. Young people were involved not only in the activities and events but also in the planning, delivery and evaluation process.

Trip to France 1-5th August

A separate report has been produced and sent to senior management. All the accounts regarding this trip are also settled down.



Youth involvement in Inter Generational youth work

Pakistan Centre management Committee is in a process to consult its re location proposal. Group of young people from PCYC was involved in publicity and mailing out the information.

The Youth Club runs every Tuesday from 6 pm Till 8:30 at the Pakistan Centre we have about 20 young people attending regularly. The Young people take part in sports, recreational and educational activities designed to build their confidence and self esteem. The young people can also access advice and information on a range of topics including health, training and educational support. All the activities of the club are delivered in a culturally appropriate way placing particular emphasis on promoting community cohesion.

Renewal Trust 5-A Side Football Tournament 24-8-2005

Pakistan Centre Football Club entered senior and junior teams in the tournament. More than 35 teams from across the city participated in the tournament and I am glad to report that our junior team won the "junior tournament". This achievement was reported in the Evening Post.

Robin Hood Marathon 11-9-2005

More than 12 young people and 4 staff members from the Pakistan Centre Youth Club helped to marshal the Robin Hood Marathon. They managed several stations in the city centre. Their task included directing and assisting runner and guiding pedestrian and traffic. I am pleased to say that our club is involved in this activity for last 3 years.



Youth and Sports Development

Pakistan's Independence Celebrations

Club members and staff helped the management to organise and publicise the event. They also helped on the day. This event provides an opportunity to our Young people to learn and celebrate their history and culture.

MOT Health event

Approximately 16 young people participated health event. The day's programme was a mix of water sports activities, workshops and interactive stands. The focus of the day was raising Asian young men's awareness of sexual health and personal wellbeing. There was an opportunity for young people to learn about the dangers of drugs, smoking and alcohol.

Bowling & Trip to Leicester

As part of PCYC unit plan Bowling session and Trip to Cinema were the two activities planned for young people before the month of Ramadan. Publicity leaflets were produced and distributed within the youth club. We had a good response; 10 and 13 Young people respectively participated in the activities. The aim of the activities was to give young people a chance to go out and try to learn new skills and enjoy. These events also provided the club users an opportunity to build up their confidence, socializing, making new friends and participation in planning such activities. Both the activities were funded by BME Youth activity fund.

Residential to Southampton and Photography Workshop

A residential to Colshot in Southampton was organised with a view to raise young peoples awareness of the Environment. 16 young people participated. Najeeb Nazir held a workshop on photography skills prior to the visit. Young people were encouraged to take photographs of wildlife and the surrounding countryside. Whilst on the residential young people took part in indoor climbing and abseiling and skiing.

Youth 4 Truth (Youth Conference)

Young people attended the Youth 4 Truth Conference at Holme Pierpont. The conference was held to allow Pakistani and Bangladeshi young people to have a voice, share their aspirations and concerns. Workshops were:

Improving services for young people
What is it like to be a Muslim in Britain Today?
Young people using Drugs and alcohol
What's going on for us in schools?
Anti-social behaviour- choices and consequences
Girls allowed (young women's workshop)

Young people also enjoyed a day of indoor and water sports activities and were entertained by Muslim Rappers and a short play by Mona Media.

In total 136 young people were involved in the above activities

Thanks to Sajid Akram, Najeeb Nazir, Prem Patel, Fahim Shafiq, and Mahooz Hussain for their help and participation to make the above programme of activities a big success.



Project ProActive

Background

Project Proactive was setup in response to the high levels of underachievement and youth disaffection amongst Pakistani boys in Nottingham.

It is a collaborative approach and works with a host of agencies and voluntary groups in order to achieve this objective.

The team consists of three project officers and an administrator, who work closely with families, parents, schools, teachers, EMAG staff and youth workers

Mission Statement

Working in partnership with young people, families and a range of services, ProActive will:

- Help raise educational attainment of young people
- Promote inclusion and positive outcomes for young people and reduce the risk of disaffection
- Work in a culturally appropriate manner and be responsive to the needs of the community
- Increase Pakistani parent involvement in young peoples achievement - role models

Identify and develop best practice in order to enable schools to effectively engage with the Pakistani community

Raise awareness and understanding of the needs of young Pakistani's to inform policy amongst strategic partners to address disaffection

Identify and promote appropriate services relevant to young Pakistani people at various stages in life

Working with Young People

Project Proactive is working with young Pakistani/kashmiri boys identified as underachieving or at risk of underachieving. When referrals are received an assessment is done and an action plan is formulated which sets out a strategy to identify and overcome the barriers that the young person faces in achieving their potential.





Project ProActive



Wider Community Involvement

Project proactive also engaged the wider voluntary sector by actively encouraging Community organisations and agencies, who work with the target community, to be involved in the Community steering group.

Numerous organisations played a key role on his steering group and we would like to thank them for their support and hope to continue working with them in the future.

Parenting Skills Workshops

In order to encourage and support parents in taking a more active role in their Childs education we held a series of parenting skills workshops.

These sessions looked at issues such as parenting skills, boundaries, goal setting and the educational system and how to get involved in your child's education.

The sessions were facilitated by ProActive staff and key speakers Afzal Sadiq, Tazeem Shah, David Hutton (Service Manager Children services) and Catherine Conchar (Equality Officer Children services).

From the feedback received from parents, the parenting sessions had made a great impact on them. Furthermore parents insisted that regular sessions should be held.

For further details about these session please contact the Proactive team on 8525379

Volunteer Mentors

Over the course of the year twenty one volunteer mentors were recruited to work alongside the Proactive team. Specific training was provided for these mentors by Leicester befriending services Some mentors have helped in schools and with the study sessions. The active involvement of the mentors had a significant effect on young people who saw them as positive role models.





Women's Development Work

Women's Development Worker

The Pakistan Centre was successful in securing further funding for the Women's Development Worker post, working 3 days a week, providing advice, support and referral options to Muslim women and providing interpretation when required. We have arranged women's group meetings, raising awareness on relevant issues e.g., employment, training, education, racism, health, personal safety, childcare, domestic violence etc.

Girls Group

The Pakistan Centre girls group works around issues surrounding inclusion, sports and adventure, personal development, health and wellbeing, family and relationships, citizenship and awareness of the environment.

This year we helped to organize the Youth for truth Conference and ensured active input from Muslim girls from the Pakistani and Bangladeshi Community.

Elderly Women's Daycares

The women's development worker, working alongside the daycares services manager, has provided support to run and develop the Muslim Women's intermediate daycares service operated by Pakistan Centre in Sneinton, Lenton and Forest Fields.

These units provide activities and luncheon club in partnership with Muslim Women's Organisation and Pakistan Forum the sessions run once a week at all three venues.

The Women's dev worker ensures user input in to planning and running the various activities and maintaining effective links with the partner organisations.

Amongst the activities were exercise classes and health awareness sessions facilitated by the Nottingham Health advocacy project

Several successful outings and shopping trips have been organised.

As part of the Pakistan Centres proposals to relocate a Community consultation event specifically for women was held in October.

Over 250 Women attending to give their views about future governance and services. The guest speaker was Manjeet Gill, Corporate director of Neighbourhood Services who inspired and motivated the attendees, encouraging them to become active citizens.





EXECUTIVE COMMITTEE

TRUSTEES

Irshad Ahmed - Chairman
M Akram Rana - Joint Secretary
Mohammad Aslam - Accounts Officer
Mohammed Ibrahim
Mohammed Munir
Raja Ayub Khan
Mohammad Bashir
Anwar ul Haq Khan
M Rasab Khan
Mohammed Zaman

WOMENS COUNCIL

Shagufta Khan
Musarrat Tariq - Secretary
Mustafa Syed - Treasurer
Asma Khan
Razia Maqbool

Nottingham City Council (Observers)

Cllr Afzal Khan
Masud Ahmad

STAFF TEAM

Najeeb Nazir - Centre Manager
Shabbir Kataria -Deputy Manager
Aurangzeb Khan -Care Service manager
Nina Bowry -Administration Assistant
Iram Bostan -Womens Development Worker
Mohammed Rashid -Caretaker
Javed Chaudhary -Youth Worker (LIC)
Sajad Akram -Youth Worker
Ajaib Hussain -Senior Care Assistant
Ali Raza -Care Assistant
M Usman -Bus Escort/Care Assistant
Arif Mehmood -Cook
Munawar Hussain -Care Assistant
Abdul Farooq -Assistant Cook
Michael Stone -Cleaner
Attia Arshad-Team Leader, Proactive
Fahim Shafiq-Project Officer, Proactive
Navid Iqbal- Project Officer, Proactive
Shabana Azam-Admin, Proactive

PERMANENT MEMBERS

Vacancy
Ijaz A Syed

DIRECT MEMBERS

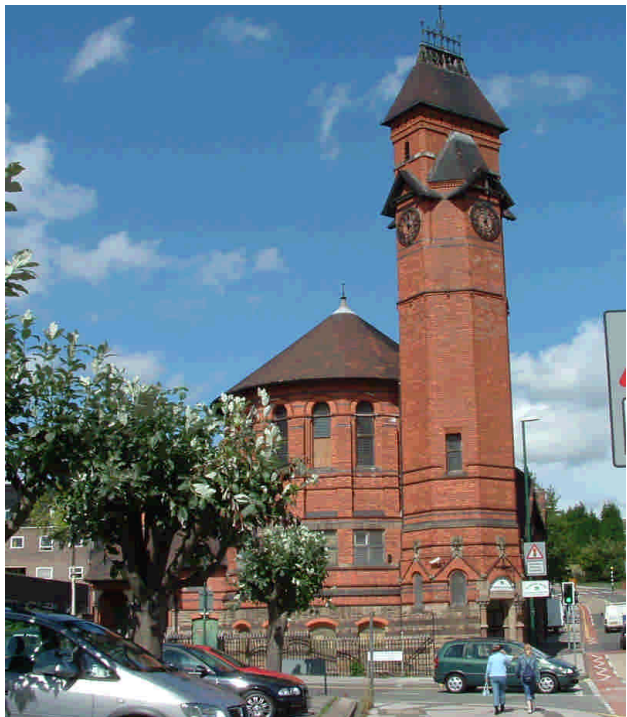
Chaudhari Shajait- Vice Chair
Afzal Sadiq
Safeer Rehman
Farhana Jamsheid
Kaneez Akbar

YOUTH COUNCIL

Nasser Amin
Faisal Nazir
Assia Shabbir
Rabia Din

CO-OPTEES

Raana Murray
Vacancy
Arshad Hussain





Financial Summary

PAKISTAN CENTRE FINANCIAL REPORT YEAR 2005-2006

Income

£

Rent - Hall Hire	7977
Grants - Nottm City Council	33740
" - Notts County Council	2540
" - Learning & Skill Council Notts Re: Training Fair	3900
" - LSP One Nottingham Project Pro-Active	79937
Contribution from EDC/Community Restaurant	433
Management & Running Costs Charge Project Pro-Active	9554
Bank Interest	1006
	<hr/>
	139087

Expenditure

Running Costs	60243
Training Fair	933
Project Advantage	118
LSP One Nottingham Project Pro-Active	70771
Teap	138
Contribution to Cricket and Football Clubs	224
Fixtures, fittings & equipment	389
	<hr/>
	132816
Excess of Income over Expenditure	<hr/>
	6271
	<hr/>
	139087

At 31/3/2006

Contingency Reserve	45000
General Balance	7243
Total Funds	<hr/>
	52243

A copy of the detailed audited accounts is available on request from the Centre please
contact Najeeb on 0115 9582973